

# Creative Visualization And The Art Of Intention

A six week workshop on learning to harness the power of our magnificent minds to create an ideal life! We will explore the power of positive thinking and learn how to spot and release negative thought patterns. We will practice techniques designed to help keep a strong focus on what we really want, and leave fear and worries behind. Come join the magic and change your life!

Starting Thursday  
February 16th through March 22nd  
4 to 5 PM  
Cost: \$125

sacred space  
YOGA

2406 West 17th, unit b  
Greeley, Co. 80634  
970-352-1239  
ssyoga.com

